

Imaging of Brain Trauma

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GOALS AND OBJECTIVES

- Epidemiology and wide ranging implications of CNS trauma
- Imaging options available for diagnosis of trauma
- Understand the role of the radiologist in the workup and diagnosis of traumatic brain injury
- Discuss the primary effects of CNS trauma with emphasis on extraaxial and parenchymal injury
- Be able to recognize those conditions associated with the greatest morbidity/mortality and the downstream complications of CNS trauma



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EPIDEMIOLOGY OF HEAD TRAUMA:

- Most common worldwide cause of death and disability in children and young adults
- More than 2 million people suffer a traumatic brain injury annually (US alone), with nearly 25% requiring hospital care
- Of all head-injured patients, ~10% sustain fatal injury and 5-10% have serious permanent deficits

Motorcyclist suffers head trauma Motorcyclist suffers head trauma Print Pri

TBIs have remained high for girls, but have declined for boys.



MECHANISMS OF INJURY:

- Missile injury
 - Penetration of the skull, meninges, and/or brain by a penetrating external object (bullet, ice pick, nail gun...)
- Non-missile injury
 - Closed head injury"
 - Much more common cause of neurotrauma than missile injury
 - Acceleration/deceleration forces, rotation and sudden changes in angular momentum

ETIOLOGY OF INJURY:

• Falls

- Causative factor in 30% of traumatic brain injuries (TBIs)
- Leading cause of TBI in children < 4 years and in elderly patients > 75 years
- Motor vehicle and auto-pedestrian collisions
 Occur at all ages without gender predilection
- Gunshot wounds
 - Most commonly seen in adolescent and young adult males

CLASSIFICATION:

- Glasgow Coma Scale (GCS)
 - Most common <u>clinical</u> classification of brain trauma
 - Assessment of three features: best eye, verbal, and motor responses
 - Based on a scale of 3-15
 - Injury designated as mild (13-15), moderate (9-12), or severe (3-8)

Glasgow Coma Scale					
Response	Scale	Score			
Eye Opening Response	Eyes open spontaneously	4 Points			
	Eyes open to verbal command, speech, or shout	3 Points			
	Eyes open to pain (not applied to face)	2 Points			
	No eye opening	1 Point			
Verbal Response	Oriented	5 Points			
	Confused conversation, but able to answer questions	4 Points			
	Inappropriate responses, words discernible	3 Points			
	Incomprehensible sounds or speech	2 Points			
	No verbal response	1 Point			
Motor Response	Obeys commands for movement	6 Points			
	Purposeful movement to painful stimulus	5 Points			
	Withdraws from pain	4 Points			
	Abnormal (spastic) flexion, decorticate posture	3 Points			
	Extensor (rigid) response, decerebrate posture	2 Points			
	No motor response	1 Point			

Minor Brain Injury = 13-15 points; Moderate Brain Injury = 9-12 points; Severe Brain Injury = 3-8 points

CLASSIFICATION:

• Primary effects

- Scalp and skull injuries
- Extraaxial hemorrhage
- Parenchymal injuries
- Vascular injuries
- Miscellaneous injuries

Secondary effects

- Herniation syndromes
- Cerebral edema
- Cerebral ischemia



GOALS OF THE RADIOLOGIST:

- Identify treatable injuries, especially the emergent ones
- Detect the presence of secondary injuries or risk factors predisposing the patient to downstream complications
- Provide input on the choice of imaging study when consulted



HOW TO IMAGE:

- Non-enhanced head CT:
 - Standard of care screening tool for imaging acute head trauma
 - Depicts both bone and soft tissue injuries
 - Fast(!), effective, widely accessible, and relatively inexpensive

TECHNIQUE:

- 2.5-3-mm sections from below the foramen magnum through the vertex
- "Brain" and "bone" algorithms should be obtained
- Use your reformats!
- Use a variety of windows:
 - Blood windows": W 160; L 60
 - "Soft tissue windows": W 260; L 80
 - "Brain windows": W 80; L 40
 - "Stroke windows": W 40; L 40
 - Bone windows": W 3000; L 500

WINDOW / LEVEL SELECTION:

- Brain windows optimize low contrast between brain structures
- Bone windows optimize visualization of bony detail
- Blood windows optimize window center around blood density to identify extraaxial collections near the skull interface



Brain windows

Blood windows

TRICKS OF THE TRADE:

"Cupping" reduced with blood windows.

Note the better definition of the brain and subarachnoid spaces adjacent to the skull



Brain windows

Blood windows

HOW TO IMAGE:

- CT angiography (CTA)
 - Considered in the setting of skull base fractures traversing the carotid canal or a dural venous sinus
 - Nicely display dissection, pseudoaneurysm, carotid-cavernous fistula, or dural sinus injury
 - Also useful in the setting of penetrating neck injury, fracture encroaching on the vertebral artery, or facet dislocations



How to image:

- MRI
 - Uncommonly used in the setting of acute brain trauma
 - Very useful for cases of suspected child abuse and in subacute/chronic stages of TBI
 - Advanced techniques such as diffusion tensor imaging (DTI) and functional MRI (fMRI) are gaining increased use in following patients with TBI



MR is an important adjunct to CT in TBI

- Early detection of focal intra-axial primary or secondary injuries
 - Diffuse axonal injury
 - Edema
 - Infarction
 - fat emboli

(Little to no correlation on CT in the acute phase)



Conventional MR Imaging in Trauma Management in Adults. <u>Ange Diouf MD,</u> <u>FRCPC</u>and <u>Matylda</u> <u>Machnowska MD, FRCPC</u>. Neuroimaging Clinics of North America, 2023-05-01, Volume 33, Issue 2, Pages 235-249, Copyright © 2023

Most extra-axial injuries are readily detectable on CT

- MR imaging shows slightly higher sensitivity for some extra-axial hemorrhages, especially in the subacute and chronic phases.
- Recent advances in image acquisition strategy have supported the rapidly increased use of MR imaging in trauma patients.

ANALYZING ACUTE HEAD TRAUMA

APPROACH TO ACUTE HEAD TRAUMA (CT):

- Scout image
- Evaluate multiple windows



SCOUT IMAGE

- <u>ALWAYS</u> review scout images on every case
- Cervical spine abnormalities (fracture, dislocation)
- Foreign bodies and jaw trauma that may be out of the field of view of the CT exam
- Some skull fractures may be best seen on the scout view (pediatrics), especially if reformats and not routinely performed at your institution



BLOOD WINDOWS IN ACUTE HEAD TRAUMA

- Width 160, level 60
- Small extraaxial collections can "blend" with the calvarium on standard narrow window widths and be overlooked
- These collections become more apparent on wider windows

TRICKS OF THE TRADE:

On bone algorithm images, use the "soft tissue" window to bring out subtle areas of hemorrhage

BRAIN WINDOWS IN ACUTE HEAD TRAUMA

- Work from outside to inside
 - Scalp \rightarrow any swelling? If so, scrutinize for fracture and underlying blood
 - Extraaxial spaces \rightarrow look for BLOOD!
 - Most common extraaxial hemorrhage is traumatic subarachnoid hemorrhage (SAH), followed by subdural and epidural hematomas
 - Most common place for SAH is in sulci adjacent to cortical contusions, within the sylvian fissures, and around the anteroinferior frontal and temporal lobes
 - Subtle SAH may collect within the interpeduncular cistern
 - Extraaxial spaces --> look for air
 - Always abnormal and indicates the presence of fracture (paranasal sinus or mastoid)

BRAIN WINDOWS IN TRAUMA

Work from outside to inside

- Brain \rightarrow examine the cortex for contusion
 - o "High yield" areas for contusion are the anteroinferior frontal and temporal lobes
 - If there is a scalp hematoma ("coup" injury), look directly opposite for a "contre-coup" injury
- Brain → examine the ventricles
 Look for blood-CSF levels and hemorrhage

BONE WINDOWS IN TRAUMA

Evaluate carefully for fractures near site of trauma ("coup" injury)

- If there is no overlying scalp injury, very unlikely to have a fracture
- "Don't miss fractures"
 - Fractures involving the carotid canal
 - Fractures crossing other vascular structures (middle meningeal artery, dural sinus)

Evaluate for mandibular dislocation

TRICKS OF THE TRADE:

Non-displaced fractures that don't cross vascular structures are basically meaningless in and of themselves!

SOFT TISSUE WINDOWS IN TRAUMA

One last check for incidental findings: Run the vessels \rightarrow look for an obvious aneurysm • Check the neck \rightarrow don't miss nasopharynx, parotid, or masticator space masses! • Evaluate the orbits \rightarrow look at globes, muscles, and fat Sagittal screen \rightarrow exclude sellar mass or craniocervical junction abnormality (Chiari)

PRIMARY EFFECTS OF CNS TRAUMA

OUTLINE:

- Extraaxial hemorrhages:
 - Epidural hematoma
 - Subdural hematoma
 - Subarachnoid hemorrhage

• Parenchymal injuries

- Cerebral contusions
- Diffuse axonal injuries
- Miscellaneous injuries
 - Pneumocephalus
 - Missile and penetrating injuries



CT OF BLOOD

	CT density	Time Course	Explanation
Hyperacute	High density	<6 hours	High Protein
Acute	High density	~8-72 hours	High Protein
Early Subacute	High density	~3 days to 1 week	High Protein
Late Subacute	Isodense	~1 wk to months	High Protein
Chronic	Low density	Months to years	Absorption of High Protein

Source: Neuroradiology Requisites. Grossman and Yousem, 2nd edition

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Timing	Blood product	T1	T2
Acute	Deoxy Hb	lsointense (Iso)	Hypointense (Dark)
Early Subacute	Intracellular Met Hb	Hyperintense (Bright)	Hypointense (Dark)
Late Subacute	Extracellular Met Hb	Hyperintense (Bright)	Hyperintense (Bright)
Chronic	Hemosiderin	Hypointense (Dark)	Hypointense (Dark)

Hyperacute (<6 hours) is D-B like CSF—mixture of oxy and deoxy Hb

	Delay	Hemoglobin Degradation Status	T1WI	T2WI	T2*
Hyperacute	<6 h	Oxyhemoglobin	Mild hyperintense	Very hyperintense	Peripheral hypointensity
Late acute	6–72 h	Deoxyhemoglobin	Isointense to hypointense	hypointense	Hypointense (blooming)
Early subacute	3 days to 1 week	Intracellular methemoglobin	Very hyperintense	Hypointense	Hypointense (blooming)
Late subacute	1–2 weeks to 2 months	Extracellular methemoglobin	Very hyperintense	Very hyperintense (with peripheral hypointensity)	Variable
Chronic	2 weeks to years	Hemosiderin	Hypointense	Hypointense	Hypointense (blooming)

MR of BLOOD

Conventional MR Imaging in Trauma Management in Adults. Ange Diouf MD, FRCPC and Matylda Machnowska MD, FRCPC. Neuroimaging Clinics of North America, 2023-05-01, Volume 33, Issue 2, Pages 235-249, Copyright © 2023

EXTRAAXIAL HEMORRHAGE



Source: https://sites.google.com/a/wisc.edu/neuroradiology/spine-anatomy-1/case-2/case-2-discussion-continued

- Blood between the calvaria and outer (periosteal) layer of the dura
- Direct trauma to the skull with laceration of an adjacent artery (90%), most commonly the middle meningeal artery
- 10% are venous and usually secondary to a fracture crossing a dural venous sinus
- Vast majority are supratentorial in location



CLINICAL ISSUES:

- Much less common than SAH or subdural
- "Lucid interval" occurs in ~50%, refers to initial loss of consciousness followed by asymptomatic period prior to neurologic deficits
- Mortality rate with prompt recognition and treatment is <5%
- Most EDHs are surgically evacuated



Biconvex extraaxial collection

- Confined by intracranial sutures but can cross falx or tentorium (more often with venous EDHs)
- Compresses/displaces underlying brain and subarachnoid spaces
- "Swirl" sign: active/rapid bleeding
- Skull fracture in 90-95%



35-year-old with head trauma, unconscious at scene.



Axia KE Gone windows

Coronal NECT-Bangevindows

27-year-old with head trauma, GCS of 3 at scene.





Axial NECT

Axial NECTAL NEGAE windows

23-year-old ejected from vehicle during MVA, GCS of 3 at scene.



Axial NECT

Axial NECT

Axial NECT – Bone windows

46-year-old with fall and head trauma.





Axial NE agittad on the Corindows
Acute Epidural Hemorrhage

46-year-old with fall and head trauma.

CASE DISCUSSION:

- Much less common venous epidural hematoma
- Skull fracture that crosses a dural venous sinus (as in this case)
- Most occur near the vertex (superior sagittal sinus) or skull base (transverse/sigmoid sinus)
- Can "straddle" intracranial compartments, crossing sutures and lines of dural attachment



- Blood between the inner layer of the dura and the arachnoid
- Trauma is the most common cause, both direct trauma and non-impact injuries
- One of the leading causes of death and disability in cases of severe traumatic brain injury



Subdural Hemorrhage



Bleeding between the arachnoid mater and the dura mater

Source: http://radiopaedia.org/images/2917400

ACUTE SUBDURAL HEMORRHAGE

- Tearing of bridging cortical veins is the most common etiology
- Note the traumatic disruption of the bridging cortical vein traversing the subdural space



CLINICAL ISSUES:

- Second most common extraaxial hematoma, behind SAH
- Found in 10-20% of all patients with head injury and 30% of autopsied fatal injuries
- Commonly associated with other parenchymal injuries such as contusions or DAI
- Symptoms range from none to loss of consciousness and coma
- Natural history varies these may remain stable, grow slowly, or rapidly increase in size
- Treatment options include surgical evacuation or close observation and serial imaging



- Crescent-shaped extraaxial collection displacing the grey-white matter interface medially
- Typically more extensive than EDHs, spreading along the falx, tentorium, and around the cranial fossa floors
- May cross suture lines but do not cross dural attachments
- Acute SDHs may be less dense in patients with severe anemia or coagulopathy
- Many SDHs are associated with other traumatic injuries such as subarachnoid hemorrhage, contusions, or DAI



ACUTE SUBDURAL HEMORRHAGE

11-year-old passenger in MVC, head trauma.





Axial NECT – Initial exam

Axial NECT – 2 hours later

36-year-old in construction accident



Axial NECT

Axial NECT

81-year-old with fall and head trauma, on anticoagulation.



TRICKS OF THE TRADE:

Subdural hemorrhage is commonly seen along the falx. Look for asymmetric nodularity and thickening.









52-year-old hit in head with bottle



TRICKS OF THE TRADE:

A commonly missed location of subdural hemorrhage is along the tentorial leaflet.

Note the asymmetric density along the left tentorial leaflet.

Axial NECT

63-year-old with fall and head trauma



Axial NECT

ACUTE SUBDURAL HEMORRHAGE

86-year-old with minor head trauma.



Axial NECT

ACUTE SUBDURAL HEMORRHAGE

20-year-old unrestrained driver in MVC, severe head injury and GCS 4 at scene.



Axial NECT

Axial NECT - Bone windows

Coronal NECT

20-year-old unrestrained driver in MVC, severe head injury and GCS 4 at scene.

CASE DISCUSSION:

- This case is likely an example of a mixed subdural and epidural hematoma
- The presence of a comminuted skull fracture and lentiform shaped collection (best seen on coronal) point toward the presence of an epidural hemorrhage
- The heterogeneous, low density within the extraaxial collections suggests active/rapid bleeding
- The patient ultimately died as a result of her injuries



INTRODUCTION:

- Over time, SDHs undergo organization, lysis, and "neomembrane" formation (granulation tissue)
- In some cases, repetitive hemorrhages of different ages may be present
- Clinical symptoms vary from asymptomatic to acute neurologic change due to rehemorrhage



MAGING:

- SDHs will become nearly isodense with the underlying cortex within several days following trauma
- These collections may be difficult to detect due to similar attenuation to adjacent brain parenchyma but will result in "buckling" of the grey-white interface
- Rehemorrhage into chronic SDHs results in mixed attenuation collections, often multiloculated/septated with layering "hematocrit" levels (old blood on top, new blood on bottom)



83-year-old with headache, history of prior traumatic subdural hematoma



Axial NECT

Coronal NECT

83-year-old with history of multiple intracranial shunts and drains



Axial NECT – Bone windows

Coronal NECT

INTRODUCTION:

- Most common cause of intracranial subarachnoid hemorrhage
- Can occur with both direct trauma and non-impact closed head injury
- Occasionally occurs in isolation but often accompanied by other manifestations of brain injury
- Most common locations include perisylvian regions, anteroinferior frontal and temporal sulci, and over the hemispheric convexities



Source: http://my.statdx.com

CLINICAL ISSUES:

- Bimodal distribution, most commonly occurs in young adults (M>F) and the elderly
- Symptoms are primarily related to other traumatic injuries
- May result in delayed vasospasm and secondary ischemic symptoms
- Supportive therapy is the primary treatment
- Nimodipine or other calcium channel blockers (verapamil) may prevent vasospasm and its complications



Source: http://www.radiopaedia.org

MAGING:

- Sulcal-cisternal hyperdensity
- Typically more focal or patchy than the diffuse SAH blood indicative of aneurysmal hemorrhage
- Often seen adjacent to cortical contusions or under epi- or subdural hematomas
- Isolated SAH may be seen within the interpeduncular fossa or a single convexity sulcus
- Chronic SAH may appear as hypodense fluid that expands the affected sulci
- DDx: aneurysm rupture, perimesencephalic non-aneurysmal hemorrhage, blood from AVM or other vascular malformation



50-year-old with fall from ladder, head trauma, and headache



Axial NECT

Coronal NECT

6o-year-old with fall and head trauma



SUBARACHNOID HEMORRHAGE

55-year-old with severe headache, fall, and head trauma



Axial NECT

Axial NECT

Coronal NECT

PRIMARY EFFECTS OF CNS TRAUMA

OUTLINE:

- Extraaxial hemorrhages:
 - Epidural hematoma
 - Subdural hematoma
 - Subarachnoid hemorrhage
- Parenchymal injuries
 - Cerebral contusions
 - Diffuse axonal injuries



- "Brain bruises"
- Most common intraaxial TBI
- The majority result from blunt head injury, inducing abrupt change in angular momentum with impact of the brain against an osseous ridge or falx/tentorium
- Uncommonly, a depressed skull fracture may damage the underlying brain
- Nearly half involve the temporal lobes and inferior (orbital) surfaces of the frontal lobes



Source: http://my.statdx.com

- Occur at all ages, peak age 15-24 (M>F)
- Initial symptoms vary from none to confusion, seizure, and obtundation
- Less frequently associated with immediate LOC unless extensive or occurring with other traumatic lesion (DAI)
- Tx options vary from conservative (serial imaging) to surgical evacuation of large lesions or severe brain swelling



MAGING:

- Initial scans obtained soon after closed head injury may be normal
- The most frequent abnormality is petechial hemorrhages along gyral crests adjacent to the calvaria
- Small lesions may coalesce, forming larger hematomas
- "Blooming" over time is the rule with increase in lesion size, number of lesions, and increase in mass effect and edema



Management of Concussion and Mild Traumatic Brain Injury: A Synthesis of Practice Guidelines

Noah D. Silverberg, PhD, Mary Alexis Iaccarino, MD, et al

Archives of Physical Medicine and Rehabilitation Volume 101 Issue 2 Pages 382-393 (February 2020) DOI: 10.1016/j.apmr.2019.10.179



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71-year-old with fall and head trauma, history of cancer on anticoagulation.

TRICKS OF THE TRADE:

The most common locations for parenchymal contusions are within the anteroinferior frontal and temporal lobes.

Always double check these locations in cases of head injury!



65-year-old with fall from ladder





Axial NECT

20-year-old with severe head trauma, ejected from vehicle



Axial NECT - Initial







Axial NECT – 3 days later

INTRODUCTION:

- AKA axonal stretch injury
- Second most common parenchymal lesion seen in TBI
- Usu. from high velocity MVAs and are non-impact injuries secondary to acceleration/deceleration forces
- The cortex moves at different speeds than the underlying deeper structure, resulting in axonal stretching (particularly at the interface of structures with varying densities)



DAI CONSIDERATIONS

• Diffuse axonal injury (DAI):

- Contusions predominantly involve the superficial areas of the brain, with significant cortical involvement
- DAI usually shows cortical sparing.

• Brain laceration:

- Actual laceration of the pial membrane characterized by extension of hemorrhage to the deep white matter/basal ganglia.
- A full thickness laceration may extend from the cortex to the ventricle.

- Downstream effects of axonal injury include disruption of transport, depolarization, ion fluxes, and release of neurotransmitters
- Associated cytotoxic edema contributes to altered anisotropy of the brain
- Results in widespread alteration of brain metabolism, lactate accumulation, cellular swelling, and apoptosis



CLINICAL ISSUES:

- DAI is suspected when clinical symptoms are disproportionate to imaging findings
- Loss of consciousness or immediate coma are typical
- Present in virtually all fatal TBIs and 75% of moderate or severe injury surviving the acute stage

- Spectrum of severity:
 - <u>Mild</u>: clinical abnormalities may persist for months or longer and include headache, memory/cognitive impairment, or personality change
 - <u>Severe</u>: rarely itself causes death but may result in a persistent vegetative state

STAGING SYSTEM:

Increasing severity of force collates with deeper brain involvement

- Stage I: Frontal/temporal lobe grey-white matter interface
- Stage II: Lobar deep white matter and corpus callosum (most commonly splenium and posterior body)

• Stage III: Brainstem involvement


MAGING:

• CT:

- Initial CT is often normal or may demonstrate mild brain swelling with sulcal effacement
- A few small round/ovoid subcortical hemorrhages may be visible but underlying damage is much more diffuse
- With increasing severity, small hemorrhagic lesions may be seen within deeper white matter, corpus callosum, or within the brainstem



MAGING:

• MR:

- T1: Most DAIs are nonhemorrhagic, thus T1 scans are often normal
- T2/FLAIR: hyperintense foci in the subcortical white matter, corpus callosum, and brainstem (increasing severity)
- GRE/SWI: very sensitive to the microbleeds of DAI, typically multifocal ovoid or linear hypointensities
- DWI: may show restricted diffusion



Source: http://my.statdx.com

21-year-old involved in MVA, unresponsive at the scene



Axial NECT

Axial NECT



21-year-old involved in MVA, unresponsive at the scene



FLAIR





34-year-old involved in rollover MVC



Axial NECT

Axial NECT

Axial NECT

20-year-old with severe head injury





Axial NECT

Axial NECT

MRI obtained as the patient's mental status was not improving after craniotomy



GRE

43-year-old with severe head trauma, unconscious





AxialRECT

AXIGRNECT

CT and MR SWAN GRE in TBI

HPI:

- Evaluate for mental status changes post trauma
- TBI; evaluate vascular injury seen on CT cervical spine
- Trauma; head injury.







GRE



Final Topic Herniations

- Subfalcine
- Uncal
- Descending transtentorial
- Ascending transtentorial
- Tonsilar
- Alar

SUBFALCINE HERNIATION

• Features:

- Most common cerebral herniation
- The affected hemisphere extends across the midline under the "free margin" of the falx

• Complications:

- Unilateral hydrocephalus (occlusion of foramen of Monro)
- Secondary anterior cerebral artery infarction



Subfalcine



UNCAL HERNIATION

• Features:

- Second most common cerebral herniation
- The uncus of the temporal lobe is pushed medially, encroaching on the supracellar cistern
- The hippocampus follows and effaces the quadrigeminal cistern
- With progressive mass effect, both structures herniate inferiorly though the tentorial incisura

• Complications:

- CN III compression
- Secondary occipital (PCA) and basal infarcts



Uncal

Grooving from compression along the tentorium, 3rd nerve compression, and midbrain compression



ASCENDING TRANSTENTORIAL HERNIATION

• Features:

- Caused by an expanding posterior fossa mass, more often neoplasm than trauma
- The cerebellar vermis and hemisphere(s) are pushed upward though the tentorial incisura
- There is flattening/effacement of the quadrigeminal cistern and compression of the midbrain
- Complications:
 - Acute obstructive hydrocephalus



Tonsillar

Grooving from compression at the foramen magnum



Thank you!